



a Kendall Hunt Company

Fourth Sunday in Ordinary Time, Year B

Submitted by lectionaryadmin on Sun, 01/25/2015 - 19:00

Lectionary: 71

Read the Gospel: [Mark 1:21-28](#)

Gospel Summary

Today's Gospel finds Jesus teaching in the synagogue in Capernaum. The people were surprised that he taught with such authority. They were amazed when he confronted and cast out an evil spirit from a man who was among them. The evil spirit called Jesus "the Holy One of God." Those who witnessed this power and authority spread word of Jesus throughout Galilee.

Reflection for Parents

Today is a good day to consider how we use our power and authority as parents, as bosses or supervisors, as coaches, as captain of the team or class president. Do we use our power and authority for the good of others? Do we use our power and authority to bring about positive change? Do we use our power and authority to guide our children or others in the ways of holiness and righteousness? Our use of power and authority has the potential to lift people up or to tear them down. The words we choose, the tone of voice we use, and the actions we take reveal to our family members, to friends, and to others that it is Jesus Christ who has authority over our lives.

Bringing the Gospel Into Your Family

In today's Gospel, Jesus casts out an unclean—or evil—spirit. Explain that *evil* means "harmful" or "immoral." Christians believe that the devil is the source of evil in the world and in our lives. Invite family members to name ways they see evil present at school, at work, in the neighborhood, in your city, or in the world. Decide on one evil that you as family can address by using your power and authority to bring about a positive change for the good.

Discussion Starters

1. A teacher I know who teaches (taught) with authority is . . .
2. One way I can use my power and authority for the good is . . .
3. I can show others that Jesus Christ has authority over my life by . . .

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- [Gospel Reflections B](#)

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- [Ordinary Time](#)
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