



a Kendall Hunt Company

Sixteenth Sunday in Ordinary Time, Year B - RCLB Lectionary



Lectionary: 107B

Read: [Mark 6:30-34](#)

Gospel Summary

Jesus and the Apostles tried to get away and take time to rest, but the crowds followed them. Jesus saw that the crowds were “like sheep without a shepherd” (Mark 6:34), and so he began to teach them.

Reflection for Parents

In many ways, our children are “like sheep without a shepherd” (Mark 6:34). They need strong shepherds to care for them, to guide them, to keep them from danger, to rescue them when they are lost, and to shepherd them in life and in faith. They look to you for such care and guidance. Take time to reflect on your role in your family as shepherd and guide. Think about the opportunities you have to shape your child’s life by the words you say and by the example you give.

Bringing the Good News Into Your Family

In the spirit of today’s Gospel, plan a day together and away from home, school, work, and daily responsibilities. Choose a destination—a trip to a park, a local museum, a movie, or lunch at a favorite restaurant. Begin your special day with a prayer for safe travels and a good family day. End your special day by talking about your favorite memories of the day.

Discussion Starters

1. When I get too busy and forget to take time to rest or play I . . .
2. My favorite place to get away from it all and to rest is . . .
3. One of the best shepherds in my faith life is . . . because . . .
4. Someone I can shepherd by my words and by my example is . . .